

Introduction for Speaking Engagements

Alysha Audd is a wife and mother of two children. At the young age of 21, while still pursuing her college education, she was diagnosed with multiple sclerosis. This trial has proven to be difficult but despite the difficulties Alysha has married, had two children, and graduated from Utah State University with a degree in Communication Studies and Family and Human Development.

Alysha combines her physical trials with her fun personality as a motivational speaker and she presents to youth and adults in church and school settings as well as in the professional arena. She has been a guest for many radio and television interviews and appeared in several commercials for several agencies. Alysha currently works for Intermountain Healthcare as an instructor for the "Living Well with Chronic Conditions" and "Living Well with Chronic Pain" classes. She has also recently been trained to teach at the Utah State University Center for Persons with Disabilities for the class "Living Well with Disability."

Alysha worked for a national non-profit organization as a Program Coordinator for six years. She also worked as a Patient Advocate for a leading pharmaceutical company for seven years. Out of all of her experiences, her favorite is volunteering with the Boy Scouts of America as a merit badge counselor.

Alysha's website, www.TriumphThroughTrials.com, details her efforts to uplift and inspire others through their own personal and professional struggles as she shares her experiences in overcoming adversity.